We are looking forward to having your child with us next year! Here are some skills that you can work on over the summer to help your child be more prepared for PreK.

**Social Skills**

* How to wait and take turns
* How to share and compromise
* How to listen and follow 2 step directions (Ex. First take off your jacket, then put it on a hanger)
* How to patiently wait their turn to speak

**Self Help Skills**

* How to un-velcro/velcro shoes independently
* How to open and close containers (specific ones they will be using)
* How to pinch and tear packages (ex. Ketchup)
* How to put a straw into a juice pouch
* How to put on a jacket
* How to zip and snap clothing

**Personal Care Skills**

* How to use the toilet and toilet paper
* How to pump soap
* How to wash and dry hands properly
* How to wipe and clean themselves in the bathroom

**Language Skills**

* Talk to your child to build vocabulary
* Make them ask for what they need specifically (ex. Can I please have a glass of water?)
* Let them solve problems when appropriate. Ask for solutions.

**Coping Skills**

* Discuss emotions and how they are feeling
* Develop strategies to help deal with specific emotions, such as being scared or sad
* Limit daily use of screen time
* Work on self-control